

PUBLIC SCHOOLS of  
**BROOKLINE**



# Introduction to Adolescence

Curriculum Subcommittee Presentation

10.18.22

# History of Introduction to Adolescence (ITA) Curriculum in PSB

**2010** – Release day PD for 5th grade teachers and minor revisions added to 2004 curriculum resources.

**2020-2021**  
Collaborated with nurses, guidance, health teachers and Peer Leaders to update the inclusive curriculum.

**May/June 2021 & 2022**  
Updated Digital Version of ITA implemented

**2004** – Last Update to ITA curriculum.

**Spring of 2020-**  
Introduction to Adolescence was not taught; Letter was sent home from the school nurses with resources for parents to support these conversations at home.

**Spring of 2021-**  
ITA Feedback session to review Advocates for Youth's Puberty Unit, 6th Grade Get Real with 5th Grade Teachers

On-going collaboration with:  
-TASK FORCE,  
-District teachers and leaders  
-Community and families

# Work Underway

## Communication Skills

-Aligning with the National Health Standards students will learn how to identify and establish personal boundaries and communicate consent

## Inclusive Language & Resources

-Updated pedagogy and materials to be inclusive of more identities. (i.e. Bodies with Vaginas vs. Female Anatomy)

## Identity

- Using trauma sensitive and harm reducing approaches, we expanded discussion of identities to acknowledge diversity along a spectrum

# Next Steps

## Vet Curriculum Updates

Currently connecting with organizations and experts in the field to review and provide feedback on our materials

Continue partnership with district leaders to ensure safety for students.

Continue to vet with the District LGBTQ+ Task Force.

Use the CDC's Health Education Curriculum Analysis Tool: (HECAT)

## Provide Professional Development to Grade 5 Educators

Scheduling release days in March for 5th Grade Teachers to work with the curriculum

Continue partnership with DESE Safe School- Provide to PD

Updating the resource list and classroom materials

## Community Communication

Parent/Caregiver Informational Webinar

Family notification early enough to allow for teacher/caregiver meetings to be scheduled

